



REALIZE YOUR  
POTENTIAL TO

# BECOME A LEADER THIS SUMMER

LEADER-IN-TRAINING  
PROGRAMME



*Summer at Swallowdale!*

[www.swallowdalecamp.com](http://www.swallowdalecamp.com)

## What's in it for you?

Your 3 or 4 week  
Leader-In-Training programme  
includes:

- Accommodation
- 3 meals daily + snack
- LIT Coordinator who supervises, guides and acts as a mentor
- Leadership training
- Canadian Red Cross® Standard First Aid Certification
- LIT Guidebook
- Overnight camping excursion
- Shopping excursion
- Laundry service once weekly
- Digital Yearbook
- Leadership Certificate  
(upon completion of programme)

When not involved in your LIT training programme, you will participate in the general camp programme. You will be expected to attend all functions and camp-wide activities.

ESL is not a component of this programme

We must become the  
change we want to see.

- Mahatma Gandhi

## Are you a leader?

Call us today if you are:

- ✓ 16 years old
- ✓ a former camper (preferably at Swallowdale Camp)
- ✓ looking for a challenge
- ✓ ready to learn and lead others
- ✓ outgoing, active and creative
- ✓ eager to work with international campers
- ✓ open to helping others develop English language skills



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## Do you love sports and the outdoors?

**You've been a camper.  
Now be a leader.**

Join us this summer...we'll help you learn to **teach young campers** the skills and joy of:

- ✓ Sailing
- ✓ Canoeing
- ✓ Kayaking
- ✓ Swimming
- ✓ Archery
- ✓ Ball Hockey
- ✓ Basketball
- ✓ Mountain Biking
- ✓ Tennis
- ✓ Soccer
- ✓ Volleyball
- ✓ Guitar
- ✓ Arts & Crafts
- ✓ Woodworking

...and more

## Are you looking for a challenge?

If you are **16** years old and looking to **challenge yourself** while developing your own social and leadership skills... look no further than our **LIT Programme** at Swallowdale Camp.

As an LIT, you will gain hands-on experience and develop strong skills in:

- ✓ instructing various camp activities
- ✓ organizing and leading evening programmes (campfires, songs...)
- ✓ working with children of all ages and nationalities
- ✓ conflict resolution
- ✓ teamwork
- ✓ good communication
- ✓ Standard First Aid training
- ✓ personal activity skill development

## Do you thrive when helping others?

Our LIT Coordinator supervises, guides and acts as a mentor to you throughout your stay. You will work closely with this person, who will ensure that you return home with skills that will benefit you in all areas of your life. You will develop an awareness of your own social responsibility and nurture your individuality and self-confidence.

**Show us what you've got.  
We'll show you how to make it better!**



Our programme goal is to teach young leaders the importance of being accountable for their actions, while helping them understand and appreciate their value in the community.

